December 1: The Stable
Frequently during the day, offer your heart to the little infant Jesus.Ask Him to make it his home. ***Sweet Jesus, take my heart and make it meek, humble and pure.***

December 2: The Roof
See that the roof of the stable is in good condition so that the infant Jesus is protected from rain and snow. ***This you will do by carefully avoiding every uncharitable remark.***

December 3: Crevices
Carefully stop every crevice in the walls of the stable so that the wind and cold may not enter there. Guard your senses against temptations Guard especially your ears against sinful conversations.***Jesus, help me to listen to Your Word.***

December 4: Cobwebs
Clean the cobwebs from your spiritual crib. Diligently remove from your heart every inordinate desire of being praised.Renew this intention at least three times today. ***My Jesus, teach me to be humble.***

December 5: Fence
Build a fence around the crib of your heart by keeping strict watch over your eyes, especially at prayer. ***Sweet Jesus, I long to see Thee.***

December 6: Manger
Fix the best and warmest corner of your heart for the manger of Jesus. You will do tis by abstaining from what you like most in the line of food, comfort and amusement. ***Mary, use these sacrifices to prepare my heart for Christ in Communion.***

December 7: Hay
Supply the manger of your heart with hay by overcoming all feelings of pride, anger or envy.***Jesus, teach me to know and correct my greatest faults.***

December 8: Soft Straw
Also provide your manger with soft straw by performing little acts of mortification. For instance, bear the cold without complaint or sit and stand erect.. ***Dear Jesus, who suffered so much for me, let me suffer for love of Thee.***

December 9: Swaddling Clothes
Prepare these for the Divine Infant by folding your hands when you pray and by praying slowly and thoughtfully. ***Jesus, let me love Thee more and more.***

December 10: Blankets
Provide the manger of your heart with soft, warm blankets. Avoid harsh and angry words. Be kind and gentle to all. ***Jesus, help me to be meek and humble like Thee.***

December 11: Fuel
Bring fuel to he crib of Jesus. Give up your own will. Obey your superiors carefully and promptly. ***Jesus, let me do Thy will in all things.***

December 12: Water
Bring fresh, clean water to the crib. Avoid every untruthful word and every deceitful act. ***Dearest Mary, obtain for me true contrition for my sins.***

December 13: Provisions

Bring a supply of food to the crib. Deprive yourself of some food at mealtime, or candy or snack, especially when you feel like eating. ***Jesus, be my strength and nourishment.***

December 14: Light

See that the crib has sufficient light. Be neat and orderly about your person. Keep everything in its place in your room. ***Jesus, be the light and life of my soul.***

December 15: Fire

Take care to have the crib of your heart warmed by a cozy fire. Be grateful to God for the love He has shown us by becoming man. Behave with grateful respect for your parents and relatives. .***Jesus, help me to listen to Your Word.***

December 16: The Ox

Lead the ox to the crib. Obey cheerfully, without making excuses and asking "why." ***I will obey my spouse for love of you, Jesus.***

December 17: The Donkey
Bring the donkey to the crib. Offer to the Divine Infant your bodily strength. Use it in the service of others. ***Jesus, accept my service of love. I offer it for those who do not love you.***

December 18: The Gifts
Gather some presents for the Divine Infant and His Blessed Mother. Give alms for the poor and say an extra decade of the Rosary. ***Come, Jesus, to accept my gifts and to take possession of my heart.***

December 19: Lambs
Strive to bring some little lambs, meek and perfect. So do not murmur or complain. ***Jesus, meek and humble of heart, make my heart like your heart.***

December 20: Shepherds
Invite the shepherds to pay homage to our newborn King. Imitate their watchfulness. Stress in your speech and thoughts the idea that Christmas is important because Jesus will be born again in your heart. ***Jesus, teach me to love Thee above all things.***

December 21: The Key
Provide the stable with a key to keep out thieves. Exclude from your heart every sinful thought, every rash judgment. ***Dear Jesus, close my heart to all that hurts you.***

December 22: Angels
Invite the angels to adore God with you. Cheerfully obey the inspirations of your guardian angel and of your conscience. ***Dear Guardian Angel, never let me forget that you are with me always.***

December 23: St. Joseph
Accompany St. Joseph from door to door. Learn from him silently and patiently to bear refusals and disappointments. Open wide your heart and beg him to enter with the Blessed Virgin Mary. ***St. Joseph, help me to prepare for a worthy Christmas Communion.***

December 24: The Blessed Virgin
Go meet your Blessed Mother. Lead her to manger of your heart and beg her to lay the Divine Infant in it.Shorten your chats and phone conversations and spend more time to day thinking of Jesus and Mary and Joseph. ***Come dear Jesus, come. My heart longs for Thee.***

December 25: The Christ Child

Welcome the Christ Child into the manger of your heart. Thank Jesus frequently for coming to live in you in Holy Communion and for sacrificing himself for your salvation. ***Welcome Jesus, welcome to my heart!***